

**HIGHLIGHTS OF PRESCRIBING INFORMATION**

These highlights do not include all the information needed to use LAMIVUDINE TABLETS safely and effectively. See full prescribing information for LAMIVUDINE TABLETS.

LAMIVUDINE tablets, for oral use  
Initial U.S. Approval: 1995

**WARNING: EXACERBATIONS OF HEPATITIS B, AND DIFFERENT FORMULATIONS OF LAMIVUDINE**  
See full prescribing information for complete boxed warning

- Severe acute exacerbations of hepatitis B have been reported in patients who are co-infected with hepatitis B virus (HBV) and human immunodeficiency virus (HIV-1) and have discontinued Lamivudine. Monitor hepatic function closely in these patients and, if appropriate, initiate anti-hepatitis B treatment (5.1)
- Patients with HIV-1 infection should receive only dosage form of Lamivudine appropriate for treatment of HIV-1. (5.1)

**RECENT MAJOR CHANGES**

Warnings and Precautions, Use with Interferon- $\alpha$  and Reverse-Transcriptase Inhibitors (protease 5.3) 05/2019

**INDICATIONS AND USAGE**

Lamivudine is a nucleoside analogue reverse transcriptase inhibitor indicated in combination with other antiretroviral agents for the treatment of HIV-1 infection.

Limits of Use: The dosage of this product is for HIV-1 and not for HIV-2.

**DOSEAGE AND ADMINISTRATION**

- Adults: 300 mg daily, administered as either 150 mg twice daily or 300 mg once daily (2.1)
- Pediatric Patients Aged 3 Months and Older: Administered either once or twice daily. Dose should be calculated on body weight (kg) and should not exceed 300 mg daily (2.2)
- Patients with Renal Impairment: Doses of Lamivudine must be adjusted in accordance with renal function. (2.3)

**DOSEAGE FORMS AND STRENGTHS**

- Tablets: 150 mg, scored (3)
- Tablets: 300 mg (3)

**CONTRAINDICATIONS**

Lamivudine tablets are contraindicated in patients with previous hypersensitivity reaction to lamivudine. (4)

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**Important Differences among Lamivudine-Containing Products**

Lamivudine tablets (used to treat HIV-1 infection) contain a higher dose of the active ingredient (lamivudine) than EPVIR-HBV<sup>®</sup> tablets and oral solution (used to treat chronic HBV infection). Patients with HIV-1 infection should receive only dosage forms appropriate for treatment of HIV-1. (See Warnings and Precautions (5.1).)

**1 INDICATIONS AND USAGE**

Lamivudine is a nucleoside analogue indicated in combination with other antiretroviral agents for the treatment of human immunodeficiency virus type 1 (HIV-1) infection.

Limits of Use: The dosage of this product is for HIV-1 and not for HIV-2.

**2 DOSEAGE AND ADMINISTRATION**

**2.1 Recommended Dosage for Adult Patients**

The recommended dosage of lamivudine in HIV-1 infected adults is 300 mg daily, administered as either 150 mg taken twice daily or 300 mg taken orally once daily with or without food. If lamivudine is administered to a patient infected with HIV-1 and HBV, the dosage indicated for HIV-1 therapy should be used as part of an appropriate combination regimen (see Warnings and Precautions (5.1)).

**2.2 Recommended Dosage for Pediatric Patients**

Lamivudine scored tablet is the preferred formulation for HIV-1-infected pediatric patients who weigh at least 14 kg and for whom a solid dosage form is appropriate. Before prescribing Lamivudine scored tablets, pediatric patients should be assessed for the ability to swallow tablets. For patients unable to safely and reliably swallow Lamivudine tablets, the oral solution formulation may be prescribed (see Warnings and Precautions (5.1)). The recommended oral dosage of lamivudine tablets for HIV-1-infected pediatric patients is presented in Table 1.

**2.3 Patients with Renal Impairment**

Dosing of lamivudine tablets is adjusted in accordance with renal function. Dosage adjustments are listed in Table 2 (see Clinical Pharmacology (12.3)).

**Table 2. Adjustment of Dosage of Lamivudine Tablets in Adults and Adolescents (Greater than or Equal to 25 kg) in Accordance with Creatinine Clearance**

Creatinine Clearance (mL/min)	Recommended Dosage of Lamivudine
≥50	150 mg twice daily or 300 mg once daily
30-49	150 mg once daily
15-29	150 mg first dose, then 100 mg once daily
5-14	150 mg first dose, then 50 mg once daily
<5	50 mg first dose, then 25 mg once daily

No additional dosing of lamivudine tablets is required after routine (4-hour) hemodialysis or peritoneal dialysis. Although there are insufficient data to recommend a specific dose adjustment of lamivudine tablets in pediatric patients with renal impairment, a reduction in the dose and/or an increase in the dosing interval should be considered.

**3 DOSEAGE FORMS AND STRENGTHS**

**Lamivudine Tablets, USP - Scored**  
Lamivudine scored tablets contain 150 mg of lamivudine. The tablets are white, circular, biconvex, film coated tablets "TM" engraved on one side and breakline on other side.

**Lamivudine Tablets, USP - Unscored**  
Lamivudine tablets contain 300 mg of lamivudine. The tablets are white, circular, biconvex, film coated tablets "300" engraved on one side and plain on other side.

**4 CONTRAINDICATIONS**

Lamivudine Tablets are contraindicated in patients with previous hypersensitivity reaction to lamivudine.

**5 WARNINGS AND PRECAUTIONS**

**5.1 Patients with Hepatitis B Virus Co-infection**

Posttreatment Exacerbations of Hepatitis  
Clinical and laboratory evidence of exacerbations of hepatitis have occurred after discontinuation of lamivudine. These exacerbations have been detected primarily by serum ALT elevations in addition to re-emergence of HBV DNA. Although most events appear to have been self-limited, fatalities have been reported in some cases. Similar events have been reported from postmarketing experience after changes from lamivudine-containing HIV-1 treatment regimens to non-lamivudine-containing regimens in patients infected with both HIV-1 and HBV. The causal relationship to discontinuation of lamivudine treatment is unknown. Patients should be closely monitored with both clinical and laboratory follow-up for at least several months after stopping treatment.

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Patients with HIV-1 infection should receive only dosage form of Lamivudine appropriate for treatment of HIV-1. (5.1)

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**Important Differences among Lamivudine-Containing Products**

Lamivudine tablets (used to treat HIV-1 infection) contain a higher dose of the active ingredient (lamivudine) than EPVIR-HBV<sup>®</sup> tablets and oral solution (used to treat chronic HBV infection). Patients with HIV-1 infection should receive only dosage forms appropriate for treatment of HIV-1. (See Warnings and Precautions (5.1).)

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**2.1 Recommended Dosage for Adult Patients**

The recommended dosage of lamivudine in HIV-1 infected adults is 300 mg daily, administered as either 150 mg taken twice daily or 300 mg taken orally once daily with or without food. If lamivudine is administered to a patient infected with HIV-1 and HBV, the dosage indicated for HIV-1 therapy should be used as part of an appropriate combination regimen (see Warnings and Precautions (5.1)).

**2.2 Recommended Dosage for Pediatric Patients**

Lamivudine scored tablet is the preferred formulation for HIV-1-infected pediatric patients who weigh at least 14 kg and for whom a solid dosage form is appropriate. Before prescribing Lamivudine scored tablets, pediatric patients should be assessed for the ability to swallow tablets. For patients unable to safely and reliably swallow Lamivudine tablets, the oral solution formulation may be prescribed (see Warnings and Precautions (5.1)). The recommended oral dosage of lamivudine tablets for HIV-1-infected pediatric patients is presented in Table 1.

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Patients with HIV-1 infection should receive only dosage form of Lamivudine appropriate for treatment of HIV-1. (5.1)

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Warnings and Precautions, Use with Interferon- $\alpha$  and Reverse-Transcriptase Inhibitors (protease 5.3) 05/2019

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**1 INDICATIONS AND USAGE**

Lamivudine is a nucleoside analogue indicated in

- o have a fast or irregular heartbeat
- o stomach pain with nausea and vomiting
- **Serious liver problems** can happen in people who take lamivudine tablets. In some cases these serious liver problems can lead to death. Your liver may become large (hepatomegaly) and you may develop fat in your liver (steatosis). **Call your healthcare provider right away if you get any of the following signs or symptoms of liver problems:**
  - o your skin or the white part of your eyes turns yellow (jaundice)
  - o loss of appetite for several days or longer
  - o nausea
  - o dark or "tea-colored" urine
  - o pain, aching, or tenderness on the right side of your stomach area
  - o light-colored stools (bowel movements)

**You may be more likely to get lactic acidosis or serious liver problems if you are female or very overweight (obese).**

- **Risk of inflammation of the pancreas (pancreatitis).** Children may be at risk for developing pancreatitis during treatment with lamivudine tablets if they:
  - have taken nucleoside analogue medicines in the past
  - have a history of pancreatitis
  - have other risk factors for pancreatitis

**Call your healthcare provider right away if your child develops signs and symptoms of pancreatitis including severe upper stomach-area pain, with or without nausea and vomiting.** Your healthcare provider may tell you to stop giving lamivudine tablets to your child if their symptoms and blood test results show that your child may have pancreatitis.

- **Changes in your immune system (Immune Reconstitution Syndrome)** can happen when you start taking HIV-1 medicines. Your immune system may get stronger and begin to fight infections that you have been hidden in your body for a long time. Tell your healthcare provider right away if you start having new symptoms after you start taking lamivudine tablets.

**The most common side effects of lamivudine tablets in adults include:**

- headache
- nasal signs and symptoms
- nausea
- diarrhea
- generally not feeling well
- tiredness
- cough

**The most common side effects of lamivudine tablets in children include fever and cough.**

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

These are not all the possible side effects of lamivudine tablets. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**How should I store lamivudine tablets?**

- Store lamivudine tablets at 20° to 25°C (68° to 77°F) [see USP Controlled Room Temperature]. Protect from light.

**Keep lamivudine tablets and all medicines out of the reach of children General information about the safe and effective use of lamivudine tablets.**

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. Do not use lamivudine tablets for a condition for which it was not prescribed. Do not give lamivudine tablets to other people, even if they have the same symptoms that you have. It may harm them.

You can ask your healthcare provider or pharmacist for information about lamivudine tablets that is written for health professionals.

You may report side effects to Strides Pharma Inc. at 1-877-244-9825

or go to www.strides.com or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

**What are the ingredients in lamivudine tablets?**

Active ingredient: lamivudine

Inactive ingredients:

Lamivudine scored 150-mg film-coated tablets: microcrystalline cellulose, sodium starch glycolate, colloidal silicon dioxide, povidone, magnesium stearate, and opadry white which is composed of Hydroxy Propyl methylcellulose 2910/ Hypromellose 5cP; Titanium dioxide, Polyethylene glycol 400 (Macrogol).

Lamivudine 300-mg film-coated tablets: microcrystalline cellulose, sodium starch glycolate, colloidal silicon dioxide, povidone, magnesium stearate, and opadry white which is composed of Hydroxy Propyl methylcellulose 2910/ Hypromellose 5cP; Titanium dioxide, Polyethylene glycol 400 (Macrogol).

This Patient Information has been approved by the U.S. Food and Drug Administration.

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Manufactured by:  
**Strides Pharma Science Ltd.**  
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Distributed by:  
**Strides Pharma Inc.**  
East Brunswick, NJ 08816

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opadry white which is composed of Hydroxy Propyl methylcellulose 2910/ Hypromellose 5cP; Titanium dioxide, Polyethylene glycol 400 (Macrogol).

Each 300-mg film-coated tablet contains 300 mg of lamivudine and the inactive ingredients microcrystalline cellulose, sodium starch glycolate, colloidal silicon dioxide, povidone, magnesium stearate, and opadry white which is composed of Hydroxy Propyl methylcellulose 2910/ Hypromellose 5cP; Titanium dioxide, Polyethylene glycol 400 (Macrogol).

**12 CLINICAL PHARMACOLOGY**

**12.1 Mechanism of Action**

Lamivudine is an antiretroviral agent [see Microbiology (12.1)].

**12.2 Pharmacokinetics**

The pharmacokinetic properties of lamivudine have been studied in asymptomatic, HIV-1-infected adult subjects after administration of single intravenous (IV) doses ranging from 0.25 to 8 mg per kg, as well as single and multiple (twice-daily regimen) oral doses ranging from 0.25 to 10 mg per kg.

The pharmacokinetic properties of lamivudine have also been studied as single and multiple oral doses ranging from 5 mg to 600 mg per day administered to HIV-1-infected subjects.

The steady-state pharmacokinetic properties of the lamivudine 300-mg tablet once daily for 7 days were assessed in a crossover trial in 60 healthy subjects. Lamivudine 300 mg once daily resulted in lamivudine exposures that were similar to lamivudine 150 mg twice daily with respect to plasma AUC<sub>0-24</sub>, however, C<sub>max</sub> was 66% higher and the trough values were 53% lower compared with the 150-mg twice-daily regimen. Intracellular lamivudine triphosphate exposures in peripheral blood mononuclear cells were also similar with respect to AUC<sub>0-24</sub> and C<sub>max</sub>, however, trough values were lower compared with the 150-mg twice-daily regimen. Inter-subject variability was greater for intracellular lamivudine triphosphate concentrations versus lamivudine plasma trough concentrations.

The pharmacokinetics of lamivudine was evaluated in 12 adult HIV-1-infected subjects dosed with lamivudine 150 mg twice daily in combination with other antiretroviral agents. The geometric mean (95% CI) for AUC<sub>0-24</sub> was 533 ± 58.6 (6.67) mcg·h per mL and for C<sub>max</sub> was 1.40 (1.17, 1.69) mg per mL.

Absorption and bioavailability: Absolute bioavailability in 12 adult subjects was 80% ± 16% (mean ± SD) for the 150-mg tablet and 87% ± 13% for the oral solution. After oral administration of 2 mg per kg to 9 adults with HIV-1, the peak serum lamivudine concentration (C<sub>max</sub>) was 1.5 ± 0.5 mg per mL (mean ± SD). The area under the plasma concentration versus time curve (AUC) and C<sub>max</sub> increased in proportion to oral dose over the range from 0.25 to 10 mg per kg.

The accumulation ratio of lamivudine in HIV-1-positive asymptomatic adults with normal renal function was 1.50 times longer on 10 days of oral administration of 2 mg per kg twice daily.

Effects of Food on Oral Absorption: Lamivudine tablets may be administered with or without food. An investigation 25-mg dosage form of lamivudine was administered orally to 12 asymptomatic, HIV-1-infected subjects on 2 occasions, once in the fasted state and once with food (200g kcal, 75 grams fat, 24 grams protein, 27 grams carbohydrate). Absorption of lamivudine was slower in the fasted state (T<sub>max</sub> 3.2 ± 1.3 hours) compared with the fasted state (T<sub>max</sub> 0.9 ± 0.3 hours). C<sub>max</sub> in the fasted state was 40% ± 23% (mean ± SD) lower than in the fasted state. There was no significant difference in systemic exposure (AUC<sub>0-24</sub>) in the fed and fasted states.

Distribution: The apparent volume of distribution after IV administration of lamivudine 20 subjects was 1.3 ± 0.4 L per kg, suggesting that lamivudine distributes into extravascular spaces. Volume of distribution was independent of dose and did not correlate with body weight.

Binding of lamivudine to human plasma proteins is less than 38%. In vitro studies showed that over the concentration range of 0.1 to 100 mg per mL, the amount of lamivudine associated with erythrocytes ranged from 53% to 57% and was independent of concentration.

Metabolism: Metabolism of lamivudine is a minor route of elimination. In humans, the only known metabolite of lamivudine is the trans-sulfonamide metabolite (approximately 5% of an oral dose after 12 hours). Serum concentrations of this metabolite have not been determined. Lamivudine is not significantly metabolized by cytochrome P450 enzymes.

Elimination: The majority of lamivudine is eliminated unchanged in urine by active organic anionic secretion. In 9 healthy subjects given a single 300-mg oral dose of lamivudine, renal clearance was 192.7 ± 56.9 mL per min (mean ± SD). In 20 HIV-1-infected subjects given a single IV dose, renal clearance was 280.4 ± 75.2 mL per min (mean ± SD), representing 71% ± 16% (mean ± SD) of total clearance of lamivudine.

In most single-dose trials in HIV-1-infected subjects, HIV-uninfected subjects, or healthy subjects with serum sampling for 24 hours after dosing, the observed mean elimination half-life (t<sub>1/2</sub>) ranged from 5 to 7 hours. In HIV-1-infected subjects, total clearance was 388.5 ± 69.1 mL per min (mean ± SD). Oral clearance and elimination half-life were independent of dose and body weight over an oral dosing range of 0.25 to 10 mg per kg.

**Safety Data**

**Table 7. Pharmacokinetic Parameters (Mean ± SD) after a Single 300-mg Oral Dose of Lamivudine in 3 Groups of Adults with Varying Degrees of Renal Function**

Parameter	Creatinine Clearance Criterion (Number of Subjects)	
	>60 mL/min (n = 6)	<10 mL/min (n = 6)
Creatinine clearance (mL/min)	111 ± 14	28 ± 8
C <sub>max</sub> (mg/mL)	2.6 ± 0.5	3.6 ± 0.8
AUC <sub>0-24</sub> (mcg·h/mL)	11.0 ± 1.7	48.0 ± 19
Cl <sub>IV</sub> (mL/min)	464 ± 76	114 ± 34

T<sub>max</sub> was not significantly affected by renal function. Based on these observations, it is recommended that the dosage of lamivudine be modified in patients with renal impairment [see Dosage and Administration (2.3)].

Based on a trial in otherwise healthy subjects with impaired renal function, lamivudine increased lamivudine clearance from a mean of 64 to 88 mL per min; however, the length of time of hemodialysis (4 hours) was insufficient to significantly alter mean lamivudine exposure after a single-dose administration. Continuous ambulatory peritoneal dialysis and automated peritoneal dialysis have negligible effects on lamivudine clearance. Therefore, it is recommended, following correction of dose for creatinine clearance, that no additional dose modification is made after routine hemodialysis or peritoneal dialysis.

The effects of renal impairment on lamivudine pharmacokinetics in pediatric patients are not known.

Patients with Hepatic Impairment: The pharmacokinetic properties of lamivudine have been determined in adults with impaired hepatic function. Pharmacokinetic parameters were not altered by decreasing hepatic function. Safety and efficacy of lamivudine have not been established in the presence of decompensated liver disease.

Pregnant Women: Lamivudine pharmacokinetics were studied in 58 pregnant women during 2 clinical trials conducted in South Africa. Lamivudine pharmacokinetics in pregnant women is similar to those seen in non-pregnant adults and in postpartum women. Lamivudine concentrations were generally similar in maternal, neonatal, and umbilical cord serum samples.

Pediatric Patients: The pharmacokinetics of lamivudine have been studied after either single or repeat doses of lamivudine tablets in 210 pediatric subjects. Pediatric subjects receiving lamivudine oral solution (dosed at approximately 8 mg per kg per day) achieved approximately 25% lower plasma concentrations of lamivudine compared with HIV-1-infected adults. Pediatric subjects receiving lamivudine oral tablets achieved plasma concentrations comparable to or slightly higher than those observed in adults. The absolute bioavailability of both lamivudine tablets and oral solution are lower in children than adults. The relative bioavailability of lamivudine oral solution is approximately 40% lower than tablets containing lamivudine in pediatric subjects despite no differences in adults. Lower lamivudine exposures in pediatric patients receiving lamivudine oral solution is likely due to the interaction between lamivudine and concomitant solutions containing sorbitol (such as SMOX). Modeling of pharmacokinetic data suggests increasing the dosage of lamivudine oral solution to 5 mg per kg taken orally twice daily or 10 mg per kg taken orally once daily up to a maximum of 300 mg daily is needed to achieve sufficient concentrations of lamivudine [see Dosage and Administration (2.2)]. There was no clinical data in HIV-1-infected pediatric patients coadministered with sorbitol-containing medicines at this dose.

The pharmacokinetics of lamivudine dosed once daily in HIV-1-infected pediatric subjects aged 3 months through 12 years was evaluated in 3 trials (PENTA-15 [n = 17], PENTA-13 [n = 19], and ARROW PK [n = 35]). All 3 trials were 2-period, crossover, open-label pharmacokinetic trials of twice-versus once-daily dosing of abacavir and lamivudine. These 3 trials demonstrated that once-daily dosing provides similar AUC<sub>0-24</sub>, C<sub>max</sub>, and t<sub>1/2</sub> to twice-daily dosing of lamivudine at the same total daily dose when compared to the regimen within the same formulation (i.e., either the oral solution or the tablet formulation). The mean C<sub>max</sub> was approximately 50% to 50% higher with lamivudine once-daily dosing compared with twice-daily dosing.

**Table 8. Pharmacokinetic Parameters (Geometric Mean [95% CI]) after Repeat Dosing of Lamivudine in 3 Pediatric Trials**

Formulation	Total (Number of Subjects)					
	ARROW PK (n = 35)		PENTA-13 (n = 19)		PENTA-15 (n = 17) <sup>a</sup>	
Age Range	3-12 years		2-12 years		3-36 months	
Parameter	Once Daily	Twice Daily	Once Daily	Twice Daily	Once Daily	Twice Daily
C <sub>max</sub> (mg/mL)	1.17 (0.78, 3.54)	1.57 (1.59, 2.04)	1.87 (1.80, 2.42)	1.87 (0.96, 1.29)	1.87 (1.65, 2.13)	1.82 (0.88, 1.26)
AUC <sub>0-24</sub> (mcg·h/mL)	13.0 (11.4, 14.9)	12.0 (10.7, 13.4)	9.0 (8.4, 11.1)	8.8 (7.67, 10.3)	8.6 (7.46, 10.1)	9.48 (7.89, 11.4)

<sup>a</sup>n = 16 for PENTA-15 C<sub>max</sub>.

<sup>b</sup>Solution was dosed at 8 mg per kg per day.

<sup>c</sup>Five subjects to PENTA-13 received lamivudine tablets.

Distribution of lamivudine into cerebrospinal fluid (CSF) was assessed in 38 pediatric subjects after multiple oral dosing with lamivudine. CSF samples were collected between 2 and 4 hours postdose. At the time of 8 mg per kg per day, CSF lamivudine concentrations in 8 subjects ranged from 5.6% to 30.3% (mean ± SD of 14.2% ± 7.9%) of the concentration in a simultaneous serum sample, with CSF lamivudine concentrations ranging from 0.04 to 0.3 mg per mL.

Limited, uncontrolled pharmacokinetic and safety data are available from administration of lamivudine (and zidovudine) to 36 infants aged up to 1 week in 2 trials in South Africa. In these trials, lamivudine clearance was substantially reduced in 1-week-old neonates relative to pediatric subjects (aged over 3 months) studied previously. There is insufficient information to establish the time course of changes in clearance between the immediate neonatal period and the age ranges over 3 months old [see Adverse Reactions (6.1)].

Geriatric Patients: The pharmacokinetics of lamivudine after administration of lamivudine tablets to subjects over 65 years have not been studied [see Use in Specific Populations (8.5)].

Male and Female Patients: There are no significant or clinically relevant gender differences in lamivudine pharmacokinetics.

Racial Groups: There are no significant or clinically relevant racial differences in lamivudine pharmacokinetics.

**Drug Interactions Studies**

Effect of Lamivudine on the Pharmacokinetics of Other Agents: Based on in vitro study results, lamivudine at therapeutic drug exposures is not expected to affect the pharmacokinetics of drugs that are substrates of the following transporters: organic anion transporter polypeptide 1B/3 (OATP1B/3), breast cancer resistance protein (BCRP), P-glycoprotein (P-gp), multidrug and toxin extrusion protein 1 (MATE1), MATE2-K, organic cation transporter 1 (OCT1), OCT2, or OCT3.

Effect of Other Agents on the Pharmacokinetics of Lamivudine: Lamivudine is a substrate of MATE1, MATE2-K, and OCT2 in vivo. Trimethoprim (an inhibitor of these drug transporter) has been shown to increase lamivudine plasma concentrations. This interaction is not considered clinically significant as no dose adjustment of lamivudine is needed.

Lamivudine is a substrate of P-gp and BCRP; however, considering its absolute bioavailability (87%), it is unlikely that these transporters play a significant role in the absorption of lamivudine. Therefore, coadministration of drugs that are inhibitors of these efflux transporters is unlikely to affect the disposition and elimination of lamivudine.

Interferon Alfa: There was no significant pharmacokinetic interaction between lamivudine and interferon alfa in a trial of 19 healthy male subjects.

Abacavir: In vitro data indicate abacavir reduce phosphorylation of lamivudine, stavudine, and zidovudine. However, no pharmacokinetic (e.g., plasma concentrations or intracellular triphosphorylated active metabolite concentrations) or pharmacodynamic (e.g., loss of HIV-1/HCV virologic suppression) interaction was observed when abacavir and lamivudine (n=18), stavudine (n=10), or zidovudine (n=6) were coadministered as part of a multi-drug regimen to HIV-1/HCV co-infected subjects.

Sorbitol (Excipient): Lamivudine and sorbitol solutions were coadministered to 16 healthy adult subjects in an open-label, randomized sequence, 4-period, crossover trial. Each subject received a single 300-mg dose of lamivudine oral solution alone or coadministered with a single dose of 3.2 grams, 10.2 grams, or 13.4 grams of sorbitol in solution. Coadministration of lamivudine with sorbitol resulted in dose-dependent decreases of 26%, 39%, and 44% in the AUC<sub>0-24</sub>, 14%, 32%, and 38% in the AUC<sub>0-24</sub>, and 28%, 52%, and 55% in the C<sub>max</sub> of lamivudine, respectively.

Trimethoprim/Sulfamethoxazole: Lamivudine and TMP/SMX were coadministered to 14 HIV-1-positive subjects in a single-center, open-label, randomized, crossover trial. Each subject received treatment with a single 300-mg dose of lamivudine and TMP 160 mg/SMX 800 mg once a day for 5 days with concomitant administration of lamivudine 300 mg with the film dose in a crossover design.

Coadministration of TMP/SMX with lamivudine resulted in an increase of 43% ± 23% (mean ± SD) in lamivudine AUC<sub>0-24</sub>, a decrease of 29% ± 13% in lamivudine oral clearance, and a decrease of 30% ± 36% in lamivudine renal clearance. The pharmacokinetic properties of TMP and SMX were not altered by coadministration with lamivudine. There is no information regarding the effect on lamivudine pharmacokinetics of higher doses of TMP/SMX (such as those used in treat PCP).

Zidovudine: No clinically significant alterations in lamivudine or zidovudine pharmacokinetics were observed in 12 asymptomatic HIV-1-infected adult subjects given a single dose of zidovudine (200 mg) in combination with multiple doses of lamivudine (300 mg every 12 hours).

**12.4 Microbiology**

**Mechanism of Action**  
Lamivudine is a synthetic nucleoside analogue. Intracellularly, lamivudine is phosphorylated to its active 5'-triphosphate metabolite, lamivudine triphosphate (3TC-TP). The principal mode of action of 3TC-TP is the inhibition of HIV-1 reverse transcriptase (RT) via DNA chain termination after incorporation of the nucleoside analogue.

**Antiviral Activity**

The antiviral activity of lamivudine against HIV-1 was assessed in a number of cell lines including monocytes and fresh human peripheral blood lymphocytes (PBMCs) using standard susceptibility assays. EC<sub>50</sub> values were in the range of 0.002 to 15 micromol (1 micromol = 0.23 mg per mL). The median EC<sub>50</sub> values of lamivudine were 60 nM (range: 20 to 70 nM), 35 nM (range: 20 to 40 nM), 30 nM (range: 20 to 90 nM), 20 nM (range: 3 to 40 nM), 30 nM (range: 1 to 60 nM), 30 nM (range: 20 to 70 nM), 30 nM (range: 20 to 90 nM) against HIV-1 clades A-G and group O viruses (n = 3 except n = 2 for clade B) respectively. The EC<sub>50</sub> values against HIV-2 isolates (n = 4) ranged from 0.003 to 0.120 micromol in PBMCs. Lamivudine was not antagonistic to all tested anti-HIV agents. Efavirenz (50 micromol) used in the treatment of chronic HIV infection decreased the anti-HIV-1 activity of lamivudine by 3.5-fold in MT-4 cells.

**Resistance**

Lamivudine-resistant variants of HIV-1 have been selected in cell culture. Genotypic analysis showed that the resistance was due to a specific amino acid substitution in the HIV-1 reverse transcriptase at codon 184 changing the sequence to either valine or isoleucine (M184V).

HIV-1 strains resistant to both lamivudine and zidovudine have been isolated from subjects. Susceptibility of clinical isolates to lamivudine and zidovudine was monitored in controlled clinical trials. In subjects receiving lamivudine monotherapy or combination therapy with lamivudine plus zidovudine, HIV-1 isolates from most subjects became phenotypically and genotypically resistant to lamivudine within 12 weeks.

Genotypic and Phenotypic Analysis of On-Therapy HIV-1 Isolates from Subjects with Virologic Failure  
July EPV2007: Fifty-three of 554 (10%) subjects enrolled in EPV2007 were identified as virological failures (plasma HIV-1 RNA level greater than or equal to 400 copies per mL) by Week 48. Twenty-eight subjects were randomized to the lamivudine once-daily treatment group and 25 to the lamivudine twice-daily treatment group. The median baseline plasma HIV-1 RNA levels of subjects in the lamivudine once-daily group and lamivudine twice-daily group were 4.9 log<sub>10</sub> copies per mL and 4.6 log<sub>10</sub> copies per mL, respectively.

Genotypic analysis of on-therapy isolates from 22 subjects identified as virologic failures in the lamivudine once-daily group showed that isolates from 8 of 22 subjects contained a treatment-emergent lamivudine resistance-associated substitution (M184V or M184I). Isolates from 9 of 22 subjects contained treatment-emergent amino acid substitutions associated with zidovudine resistance (M41L, D67N, K70R, L210V, I215V, or K215E), and isolates from 10 of 22 subjects contained treatment-emergent amino acid substitutions associated with efavirenz resistance (L100L, K101E, K103N, V105I, or Y115I).

Genotypic analysis of on-therapy isolates from subjects (n = 22) in the lamivudine twice-daily treatment group showed that isolates from 5 of 22 subjects contained treatment-emergent lamivudine resistance substitutions, isolates from 1 of 22 subjects contained treatment-emergent zidovudine resistance substitutions, and isolates from 7 of 22 contained treatment-emergent efavirenz resistance substitutions. Phenotypic analysis of baseline-matched on-therapy HIV-1 isolates from subjects (n = 13) receiving lamivudine once daily showed that isolates from 7 of 13 subjects exhibited a 25- to 299-fold decrease in susceptibility to lamivudine. Isolates from 12 of 13 subjects were susceptible to zidovudine, and isolates from 8 of 13 subjects exhibited a 25- to 295-fold decrease in susceptibility to efavirenz.

July EPV4007: Fifty subjects received lamivudine 300 mg once daily plus zidovudine 300 mg twice daily plus abacavir 300 mg twice daily plus zidovudine 150 mg twice daily plus zidovudine 300 mg plus abacavir 300 mg at twice daily. The median baseline plasma HIV-1 RNA levels for subjects in the 2 groups were 4.79 log<sub>10</sub> copies per mL and 4.83 log<sub>10</sub> copies per mL, respectively. Fourteen of 50 subjects in the lamivudine once-daily treatment group and 9 of 50 subjects in the lamivudine twice-daily group were identified as virologic failures.

Genotypic analysis of on-therapy HIV-1 isolates from subjects (n = 9) in the lamivudine once-daily treatment group showed that isolates from 6 subjects had abacavir and/or lamivudine resistance-associated substitution M184V alone. On-therapy isolates from subjects (n = 6) receiving lamivudine twice daily showed that isolates from 2 subjects had M184V alone, and isolates from 2 subjects harbored the M184V substitution in combination with zidovudine resistance-associated amino acid substitutions.

Phenotypic analysis of on-therapy isolates from subjects (n = 6) receiving lamivudine once daily showed that HIV-1 isolates from 4 subjects exhibited a 32- to 53-fold decrease in susceptibility to lamivudine. HIV-1 isolates from these 6 subjects were susceptible to zidovudine.

Phenotypic analysis of on-therapy isolates from subjects (n = 4) receiving lamivudine twice daily showed that HIV-1 isolates from 1 subject exhibited a 4-fold decrease in susceptibility to lamivudine and a 4-fold decrease in susceptibility to zidovudine.

Pediatrics: Pediatric subjects receiving lamivudine oral solution concomitantly with other antiretroviral oral solutions (abacavir, nevirapine/efavirenz, or zidovudine) in ARROW developed viral resistance more frequently than those receiving tablets. At randomization to once-daily or twice-daily dosing of lamivudine plus abacavir, 13% of subjects who started on tablets and 32% of subjects who started on oral solution had resistance substitutions. The resistance profile observed in pediatrics is similar to that observed in adults in terms of the genotypic substitutions detected and relative frequency, with the most commonly detected substitutions at M184 (V or I) [see Clinical Studies (14.2)].

**DOSE RESISTANCE**

Resistance has been observed among nucleoside reverse transcriptase inhibitors (NRTIs). Lamivudine-resistant HIV-1 mutants were cross-resistant to cell culture to didanosine (ddI). Cross-resistance is also expected with abacavir and entricavir as they are similar M184V substitutions.

**13 NONCLINICAL TOXICOLOGY**

**13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility**  
**Carcinogenesis**  
Long-term carcinogenicity studies with lamivudine in mice and rats showed no evidence of carcinogenic potential at exposures up to 10 times (mice) and 58 times (rats) the human exposures at the recommended dose of 300 mg.

**Mutagenesis**

Lamivudine was mutagenic in an L5178Y mouse lymphoma assay and clastogenic in a cytogenetic assay using cultured human lymphocytes. Lamivudine was not mutagenic in a microbial mutagenicity assay, in an in vitro cell transformation assay, in a rat micronucleus test, in a rat bone marrow cytogenetic assay, and in an assay for unscheduled DNA synthesis in rat liver. Lamivudine showed no evidence of in vivo genotoxic activity in the rat at oral doses of up to 2,000 mg per kg, producing plasma levels of 35 to 45 times those in humans at the recommended dose for HIV-1 infection.

**Impairment of Fertility**

In a study of reproductive performance, lamivudine administered to rats of dose up to 4,000 mg per kg per day, producing plasma levels 47 to 70 times those in humans, revealed no evidence of impaired fertility and no effect on the survival, growth, and development of the offspring.

**14 CLINICAL STUDIES**

The use of lamivudine tablets are based on the results of clinical trials in HIV-1-infected subjects in combination regimens with other antiretroviral agents. Information from trials with clinical endpoints or a combination of CD4+ cell counts and HIV-1 RNA measurements is included below as documentation of the contribution of lamivudine to a combination regimen in controlled trials.

**14.1 Adult Subjects**

**Clinical Endpoint Trial**  
NUS3007 (ACE3AR) was a multicenter, double-blind, placebo-controlled trial comparing continued current therapy (zidovudine plus didanosine [ZDV/DDI]) with lamivudine or zidovudine with didanosine (25% or 50% reduction) to the addition of lamivudine or lamivudine plus an investigational non-nucleoside reverse transcriptase inhibitor (NNRTI, randomized) 1:2:1. A total of 1,816 HIV-1-infected adults with 25 to 250 CD4+ cells per mm<sup>3</sup> (median = 122 cells per mm<sup>3</sup>) at baseline were enrolled; median age was 36 years, 87% were male, 84% were African American, and 10% were Hispanic. The median duration on trial was 12 months. Results are summarized in Table 9.

**Table 9. Number of Subjects (%) with at Least One HIV-1 Disease Progression Event or Death**

Endpoint	Current Therapy (n = 465)	Lamivudine plus Current Therapy (n = 49
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